

More testimonials

Due to an unplanned career break, I was faced with the challenge of reorienting myself. The coaching with Ilona Angelis helped me to work out clear goals from many diffuse possibilities and to plan concrete steps. In the process, I discovered personal strengths that opened up completely new horizons for me. With a real sense of optimism, I am looking forward to the paths I can now take.

Stephan Butzke

Communications and Marketing

I was a participant in the course "Vocation instead of Profession" at the VHS Mitte in Berlin. Ms. Angelis is an extremely committed and competent instructor. She offers innovative coaching in the professional field with heart and mind and a lot of life experience! Ms. Angelis responded to each participant individually. She helped me a lot to get more clarity. I am very grateful to her for that!

Marit Toepffer

Businesswoman for office communication and expert in gardening and landscaping

Ilona's course "Vocation instead of profession" was very enriching for me. Clearly structured, with a steady hand, Ilona led the group through many important and not easy learning and insight processes. This will have a long and positive effect on me. Thank you very much!

Sophie Kortenbruck

Psychologist and Sociologist

The group coaching with Ilona helped me a lot to bring clarity into my own professional goals and gave me new self-confidence to courageously go new ways. She creates a pleasant atmosphere with her calm and empathic manner. I highly recommend the course for people who want to develop or reorient themselves.

Viola Geiger

Teacher of art and mathematics

Ilona knows how to ask the appropriate questions in an appreciative and empathetic way in order to discover the inner answers.

Claudia B.

Trade Representative Ass. Food Manager

Very inspiring experience in Ilona's course. I felt safe to talk about my experiences and feelings and received many suggestions for achieving my personal and professional goals. I am excited about everything to come and can't wait.

Ves A.

Language talent and teacher

The course was very engaging and gave me a lot of interesting input. Especially the tips "on the side" have stuck with me. Many aspects can be usefully transferred to one's own working life.

Frank R.
Engineer

Super course to deal with the topic of professional reorientation also with oneself. I can only recommend Ilona and her courses and have already done so!
What you make of the course, however, is up to you.

Markus N.
Banker

Ilona, through her coaching, was there for me 100% while I was looking for my 100% in making decisions and following them through in order to support me and my work. I felt her compassion and trust in moments when I was in doubt. In the progress of our coaching sessions I experienced that making decisions and following them can also be an enjoyable game, which leaves aside the stress and anxiety of achieving a goal and not the goal itself, which then appears in full clarity and accessibility. I am grateful for her support!

Fotini D.
Trainee teacher

The coaching sessions with Ilona have supported me very much in my professional as well as private development. Ilona has the gift of asking exactly the right questions with a lot of warmth, empathy and clarity, so that I was able to gain deep insights in each session that were not at all clear to me before. I was able to recognize my patterns and learned to change my attitude towards many things. For example, dealing with stress at work or simply facing life in its wonderful craziness with more fun and ease and less perfectionism.

Martina E.
Head of Marketing Communication and Coaching

In the coaching workshop with Ms. Angelis, the group dealt very intensively with the individual topics and wishes of all participants and everyone was able to benefit from all of them.

Ms. Angelis has the gift to ask the right questions and to activate and internalize ways of thinking. A more relaxed view of myself and trust in my inner voice helps me to give space to my passions, to pursue them and to become active.

Sabine B.
Graphic Designer, Costume Designer

Ilona's coaching is powerful and profound. With her compassionate and supportive nature, she guided me to explore my obstacles and blocks. She met me at eye level so that I could get closer to myself to identify my real goals and gradually get there. Gentle yet incorruptible, she believed in me without any doubt.

Her ability to truly listen and at the same time "be with me" I feel is a great gift. I highly recommend her coaching.

Patrizia B.
NGO Consultant

The regular sessions helped me not to lose sight of my project. Ilona's insights and patience have significantly contributed to my ability to unleash my creativity. Most of all, I appreciated her years of experience and professionalism. With a lot of mindfulness and commitment she helped me to find the right attitude to be able to complete my project.

Marianne K.
Author, Archaeologist

The coaching concretized my thoughts, I got feedback from other participants and it took some of the pressure off myself.

Nina S.
Online Marketing Expert

The seminar reflected my strengths, skills and interests. It gave me clarity for my next steps and encouraged me to pursue my goal.

Miriam N.
Project Manager

Ms. Angelis is a people person. She finds the right style of approach for each participant and gets involved with everyone. I found the weekend extremely helpful in gaining clarity on how to proceed. The assistance was unobtrusive. You are not pushed to do anything. Thank you very much.

Kirstin B.
Lawyer

Very enthusiastic about the seminar and the lecturer. She impressed with competence, empathy, understanding, foresight. The method was extremely helpful in finding new ways and impulses for one's own path. In addition, Ms. Angelis had a very pleasant way of presenting the subject matter. The seminar can be warmly recommended. All in all, an enrichment for the further professional path.

Daniela D.
Social Scientist

I attended a two-day workshop on the topic of "professional reorientation" with Ilona. From the beginning, I liked her open approach to ideas and opinions. She intervened in exactly the right places and gave great input through her empathy. During the training we were able to speak honestly with each other and build a

trusting relationship within the group. I now have a structured plan for my professional future and go home with a good feeling.

Luisa E.

Project Manager

Ilona was my instructor for the two-day seminar "Vocation instead of profession". Step by step she accompanied us on the way to crystallize who we are and what we want. I found it particularly good that she took time for each of us and supported each of us with honesty and empathy, and that she always kept an eye on the time so that each of us had the same opportunities. She was careful to ensure that each of us maintained focus and that we communicated with each other in a mindful and non-judgmental way. For me, this seminar was a formative experience. The seminar strengthened my confidence in myself and encouraged me to dare more. Thank you very much Ilona!

Isabell B.

Adult educator